

WOUND CARE

Keep your wound dry and covered with a bandage for the first day. Thereafter, change the bandage daily. First gently cleanse the wound with plain soap and water. **PLEASE DO NOT CLEANSE YOUR WOUND WITH HYDROGEN PEROXIDE.** Then cover the site with a bandage or other absorbent dressing. Topical antibiotics are usually not necessary. In fact, it's now questioned whether they are helpful at all. When the wound stops oozing and forms a scab, it can be left open. Wait for the scab to fall off by itself.

Removal of stitches is painless and is usually done seven to fourteen days after surgery.

Discomfort and swelling are usually minimal. If they are bothersome, take acetaminophen (Tylenol) or a similar non-aspirin painkiller. *Avoid aspirin and medicines containing ibuprofen for a few days after surgery since they may cause increased bleeding.* If pain continues, or severe discomfort or swelling develop, please call this office promptly.

Bleeding sometimes occurs after surgery. A small amount of bleeding or bruising can be ignored. Control heavier bleeding with firm pressure. Should bleeding continue after 30 minutes of firm pressure please call our office.