

PERSONAL MEDICAL HISTORY
CUTANEOUS VASCULOPROLIFERATIVE LESIONS

NAME: _____

DATE: _____

INSURANCE: _____

1. Are you consulting for?

- Cosmetic purposes
 Medical Purposes
 Both

2. Indicate which symptoms you have experienced:

- | | | |
|--------------------------------------|-----------------------------------|----------------------------------|
| <input type="checkbox"/> Flushing | <input type="checkbox"/> Blushing | <input type="checkbox"/> Itching |
| <input type="checkbox"/> Stinging | <input type="checkbox"/> Burning | <input type="checkbox"/> Warmth |
| <input type="checkbox"/> Pain | <input type="checkbox"/> Aching | <input type="checkbox"/> Heat |
| <input type="checkbox"/> Other _____ | | |

3. In general, are your symptoms:

- Intermittent Persistent Chronic
 Daytime Evening
 Recent onset? _____ months/years

4. Signs you experience:

- | | | |
|--|---|---|
| <input type="checkbox"/> Rosy cheeks | <input type="checkbox"/> Red patches | <input type="checkbox"/> Red or blue lines or vessels |
| <input type="checkbox"/> Bruising | <input type="checkbox"/> Sunburn-like areas | <input type="checkbox"/> Knobby bumps on the nose |
| <input type="checkbox"/> Whiteheads | <input type="checkbox"/> Blackheads | <input type="checkbox"/> Cysts or nodules |
| <input type="checkbox"/> Scaling areas | <input type="checkbox"/> Dilated pores | <input type="checkbox"/> Changes in color or size |
| <input type="checkbox"/> Bleeding or crusting after minor trauma | | |
| <input type="checkbox"/> Other _____ | | |

5. In general, are the above occurrences?

- Intermittent Persistent Chronic
 Recent onset? _____ months/years

6. Are your signs or symptoms worsened by?

- | | | |
|--------------------------------------|------------------------------------|-----------------------------------|
| <input type="checkbox"/> Sunlight | <input type="checkbox"/> Stress | <input type="checkbox"/> Exercise |
| <input type="checkbox"/> Alcohol | <input type="checkbox"/> Menopause | <input type="checkbox"/> Menses |
| <input type="checkbox"/> Medicines | <input type="checkbox"/> Foods | |
| <input type="checkbox"/> Other _____ | | |

7. Present or prior treatment:

- Creams _____
- Soaps _____
- Moisturizers _____
- Pills _____

- Make-up or cover-up _____
- Sunscreens _____
- Sclerotherapy (when & where) _____
- Laser (when & where) _____

8. As a result of your vascular lesions do you experience?

- | | |
|--|---|
| <input type="checkbox"/> Lessened self-esteem | <input type="checkbox"/> Lessened employability |
| <input type="checkbox"/> Embarrassment | <input type="checkbox"/> Avoidance of social situations |
| <input type="checkbox"/> Self-consciousness | <input type="checkbox"/> Discomfort |
| <input type="checkbox"/> Constant need for make-up or cover-up | |

9. Do you have a family history of?

- | | <u>No</u> | <u>Yes</u> | <u>Family Member</u> |
|--------------------------------------|-----------|------------|----------------------|
| • Vein problems | _____ | _____ | _____ |
| • Phlebitis (inflammation of a vein) | _____ | _____ | _____ |
| • Blood clots | _____ | _____ | _____ |
| • Leg ulcers | _____ | _____ | _____ |
| • Easy bruising | _____ | _____ | _____ |
| • Prolonged bleeding | _____ | _____ | _____ |
| • Fainting or seizures | _____ | _____ | _____ |

10. Do you have a personal history of?

a. Medication problems

- | | <u>Allergies</u> | <u>Overreaction</u> | <u>Adverse Reaction</u> |
|---|------------------|---------------------|-------------------------|
| • Penicillin | _____ | _____ | _____ |
| • Mycins | _____ | _____ | _____ |
| • Other antibiotics | _____ | _____ | _____ |
| • Aspirin | _____ | _____ | _____ |
| • Codeine | _____ | _____ | _____ |
| • Morphine | _____ | _____ | _____ |
| • Tetanus | _____ | _____ | _____ |
| • Antitoxin | _____ | _____ | _____ |
| • Topical anesthetics
(Lidocaine, Tetracaine, Xylocaine) | _____ | _____ | _____ |

No Yes

- | | | |
|---|-------|-------|
| b. Allergies to cosmetics | _____ | _____ |
| c. Proneness to syncope or fainting spells | _____ | _____ |
| d. Proneness to bruising | _____ | _____ |
| e. Non-aesthetic scars and difficult skin healing | _____ | _____ |
| f. Sensitivity to pain | _____ | _____ |

11. Have you suffered from one of the following?

- | | <u>No</u> | <u>Yes</u> | <u>Date</u> |
|--------------------------------|-----------|------------|-------------|
| • Heart disease | _____ | _____ | _____ |
| • Anemia | _____ | _____ | _____ |
| • Jaundice | _____ | _____ | _____ |
| • Hepatitis | _____ | _____ | _____ |
| • Epilepsy | _____ | _____ | _____ |
| • Migraine headaches | _____ | _____ | _____ |
| • Diabetes | _____ | _____ | _____ |
| • Skin cancer | _____ | _____ | _____ |
| • High or low blood pressure | _____ | _____ | _____ |
| • Nervous breakdown | _____ | _____ | _____ |
| • Hay fever or asthma | _____ | _____ | _____ |
| • Hives, eczema | _____ | _____ | _____ |
| • Frequent infections or boils | _____ | _____ | _____ |

12. Have you ever had your veins treated?	<u>No</u>	<u>Yes</u>	<u>Date</u>
Sclerotherapy	_____	_____	_____
Laser therapy	_____	_____	_____
Electrocauterization	_____	_____	_____
Surgery	_____	_____	_____

13. Are you taking any medication(s)?	<u>No</u>	<u>Yes</u>
Aspirin	_____	_____
Anticoagulants	_____	_____
Hormones or contraceptives (birth control pills)	_____	_____
Chemocautery or any type of tumor	_____	_____
Thyroid medication	_____	_____
Cortisone	_____	_____
Insulin	_____	_____
Sedatives (sleeping pills)	_____	_____
Tranquilizers	_____	_____
Appetite depressants	_____	_____
Antabuse	_____	_____
Others	_____	_____
Specify: _____	_____	_____

	<u>No</u>	<u>Yes</u>
14. Does your work require prolonged exposure to the sun or elements?	_____	_____

15. Do you smoke?	_____	_____
If yes, how many per day? _____		

16. Do you drink?	_____	_____
If yes, how many drinks per day? _____		

17. Have you ever had a blood transfusion?	_____	_____
--	-------	-------

18. Present illness (if any)	_____	_____
Specify: _____		

19. Do you have any idea of your exposure or contamination to the AIDS disease?	_____	_____
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	<u>No</u>	<u>Yes</u>	<u>Date</u>
20. Have you been tested for AIDS?	_____	_____	_____
Results: _____			

21. Have you ever been tested for Hepatitis?	_____	_____	_____
Results: _____			

22. Have you ever been vaccinated for Hepatitis?	_____	_____	_____
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23. Have you been immunized against?			
• Small pox	_____	_____	_____
• Tetanus	_____	_____	_____
• Polio	_____	_____	_____

24. Indicate the date of your last: Physical examination _____ Laboratory tests _____

25. Have you had X-Rays of?	<u>No</u>	<u>Yes</u>	<u>Date</u>
• Chest	_____	_____	_____
• Stomach	_____	_____	_____
• Gall Bladder	_____	_____	_____
• Extremities	_____	_____	_____
• Back	_____	_____	_____
• Cancer Therapy	_____	_____	_____
• Other	_____	_____	_____
• Specify: _____			

26. Systems review:	<u>No</u>	<u>Yes</u>
• Any eye disease, injury or impaired sight	_____	_____
• Any ear disease, injury or impaired hearing	_____	_____
• Any trouble with nose, sinuses, mouth or throat	_____	_____
• Convulsions	_____	_____
• Paralysis	_____	_____
• Dizziness	_____	_____
• Frequent or severe headache	_____	_____
• Enlarged glands	_____	_____
• Enlarged goiter	_____	_____
• Skin disease	_____	_____
• Cough, frequent or chronic	_____	_____
• Chest pain or angina pectoris	_____	_____
• Spitting up blood	_____	_____
• Night sweats	_____	_____
• Shortness of breath	_____	_____
• Palpation or fluttering heart	_____	_____
• Liver disease or gall bladder disease	_____	_____
• Colitis or other blood disease	_____	_____

27. Please describe in detail any comments or symptoms you are experiencing as a result of your condition. _____

28. Is there any additional information, which you would consider pertinent? _____

29. Do you wish to be included in our periodic follow-up assessment recall list? _____

30. Do you wish to receive our newsletters and educational updates? _____